

# COUNSELING AND PERSONNEL SERVICES (MEd)



## Master of Education in Counseling and Personnel Services

Unit: College of Education and Human Development (<http://louisville.edu/education/>)

Department: Counseling and Human Development (<http://louisville.edu/education/departments/ecpy/>)

Program Website (<http://louisville.edu/education/degrees/med-cps-csp/>)

Academic Plan Code(s): See Concentration Requirements tab.

## Program Information

The MEd in Counseling and Personnel Services is designed to prepare prospective professionals in a variety of counseling areas:

- Art Therapy
- Clinical Mental Health Counseling
- College Student Personnel
- Counseling Psychology
- School Counseling

Theory and practice are critically important components of the program. Students are required to pursue a logical sequence of study that permits a well-balanced preparation in theory, research, and field experience.

## Mission

*The mission of the MEd in Counseling and Personnel Services is to prepare scholar practitioners for counseling roles in which they contribute to society in a variety of professional positions. Our graduates support principles of social justice, fairness, and equity in their work; proactively promote the welfare of those they serve; and engage in a lifelong process of educational and professional renewal.*

## Admission Requirements

Prospective students must submit an online application for admission (<https://louisville.edu/graduate/apply/>) to the Graduate School.

For unconditional admission, a minimum undergraduate Grade Point Average (GPA) of 2.75 is required. The GRE test is no longer required for admission to the MEd in Counseling and Personnel Service degree program.

## Requirements for Admission in Good Standing:

1. GPA of 2.75.
2. Two letters of recommendation from faculty or supervisors familiar with their work.
3. Professional Goal Statement: The Admissions Committee evaluates applications based on how an applicant's goals, professional experiences, and commitment to education are an appropriate fit with this program.
4. Resume.

Applicants are encouraged to visit the website of the specialization area of interest below for further information about suggested GPA requirements, application deadlines, and other specific information related to that specialization area.

- Art Therapy (<http://louisville.edu/education/degrees/med-cps-at/>)
- Clinical Mental Health Counseling (<http://louisville.edu/education/degrees/med-cps-mhc/>)
- College Student Personnel (<http://louisville.edu/education/degrees/med-cps-csp/>)
- Counseling Psychology (<http://louisville.edu/education/degrees/med-cps-cp/>)
- School Counseling (<http://louisville.edu/education/degrees/med-cps-sc/>)

## Degree Requirements

Code	Title	Hours
<b>Core Professional Area</b>		
LEAD 600	Introduction to Research Methods and Statistics <sup>1</sup>	3
ECPY 540	Evaluation and Measurement in Education	3
ECPY 605	Human Development	3
ECPY 619	Empirical and Theoretical Foundations of Counseling and Psychotherapy	3
ECPY 629	Theories and Techniques of Counseling and Psychotherapy (OR) <sup>2</sup>	3
or ECPY 630	Theories and Techniques of School Counseling	
or ECPY 661	Theories of College Student Development	
ECPY 650	Group Process and Practice	3
ECPY 663	Multicultural and Diversity Issues	3
ECPY 670	Career Counseling	3
ECPY 730	Social, Legal & Ethical Issues in Counseling	3
<b>Mid-Point Assessment</b>		
ECPY 672	Practicum in Clinical Mental Health Counseling (OR) <sup>2 and 3</sup>	3
or ECPY 673	Practicum in Counseling Psychology	
or ECPY 674	Practicum in School Counseling	
or ECPY 676	INTERNSHIP I in Art Therapy	
or ECPY 681	Internship in College Student Personnel Services	
<b>One of the following Concentrations:</b>		<b>12-30</b>
Art Therapy (24 credit hours)		
Clinical Mental Health Counseling (30 credit hours)		
College Student Personnel (12 credit hours)		
Counseling Psychology (30 credit hours)		
School Counseling (30 credit hours)		
<b>Minimum Total Hours</b>		<b>42-60</b>

- <sup>1</sup> LEAD 600 must be taken within the first nine (9) credit hours.
- <sup>2</sup> Prior to ECPY 672 Practicum in Clinical Mental Health Counseling, students must complete ECPY 629 with a minimum grade of B.
- <sup>3</sup> At least 700 hours of field placement must be completed during the practicum and two internships including at least 280 direct service hours. CACREP requires that 600 hours be completed during the internships.

## MEd in Counseling and Personnel Services Concentrations

### Clinical Mental Health Counseling

Academic Plan Code(s): CPS\_MEDMHC

**General Requirement:** Students admitted to the Mental Health Counseling Program who have not completed a course in abnormal psychology are required to take PSYC 308: *Foundations of Psychopathology* as a prerequisite to the program. Students who have successfully completed a graduate-level course in abnormal psychology at another institution can transfer it into the program as an elective course.

Code	Title	Hours
ECPY 621	Differential Diagnosis and Treatment in Counseling	3
ECPY 626	Consultation	3
ECPY 640	Assessment Methods for Counselors	3
ECPY 682	Internship in Clinical Mental Health Counseling	3
ECPY 682	Internship in Clinical Mental Health Counseling	3
ECPY 601	Introduction to Clinical Mental Health Counseling	3
ECPY 639	Prevention & Treatment of Substance Use Disorders	3
ECPY 646	Crisis and Trauma in Mental Health Counseling	3
<b>Professional Electives</b>		<b>6</b>
<b>Minimum Total Hours</b>		<b>30</b>

### CACREP and Kentucky Board of Licensed Professional Counselors Curriculum Guidelines:

CACREP requires that 600 hours be completed during the internships.

1. The helping relationship, including counseling theory and practice
2. Human growth and development
3. Lifestyle and career development
4. Group dynamics, process, counseling, and consulting
5. Assessment, appraisal, and testing of individuals
6. Social and cultural foundations, including multicultural issues
7. Principles of etiology, diagnosis, treatment planning, and prevention of mental and emotional disorders and dysfunctional behavior
8. Research and evaluation
9. Professional orientation and ethics

**Degree assessment:** All program coursework must be completed with a 3.0 cumulative GPA.

### School Counseling (P-12)

Academic Plan Code(s): CPS\_MEDCSC

Code	Title	Hours
ECPY 601	Introduction to Clinical Mental Health Counseling	3
ECPY 621	Differential Diagnosis and Treatment in Counseling	3
ECPY 624	Foundations of School Counseling	3
ECPY 626	Consultation	3
ECPY 629	Theories and Techniques of Counseling and Psychotherapy	3
ECPY 639	Prevention & Treatment of Substance Use Disorders	3
ECPY 640	Assessment Methods for Counselors	3
ECPY 684	Internship in School Counseling	3
ECPY 684	Internship in School Counseling	3
EDSP 540	Introduction to Exceptional Children	3
<b>Minimum Total Hours</b>		<b>30</b>

**Notes:** ECPY 674 Practicum in School Counseling must be applied for by March 1 for Fall term and October 1 for Spring term.

1. Students must earn at least a "B" or better in ECPY 630 to be eligible to enroll in ECPY 674 School Counseling Practicum.
2. For school counseling certification, a grade of "B" or better is required in ECPY 674 and ECPY 684.
3. Transfer of credit is dependent upon receipt of transcript and advisor's approval.
4. Upon admission, students have six years to complete their program.
5. All students must have liability insurance prior to taking practicum.
6. At any point after admission, the faculty reserve the right to review a student's fitness on the basis of personal characteristics, for continuing in the counseling or student personnel program. Such a review shall be initiated upon written recommendation of two faculty members and shall consist of a review of the student's academic result in a recommendation to the Dean for (1) continuation of the student in the program, (2) continuation for a specified provisional period with specific conditions for continuation thereafter, or (3) dismissal from the program.
7. The program requires the acceptable completion of a program portfolio.
8. The CEHD will be able to recommend the Provisional license, and verify completion of course work for the Standard license, for program completers. In addition, program completers must document at least one year of experience to the KY Education Professional Standards Board to be eligible for the Standard license.
9. Kentucky certified teachers who hold a Rank II or Rank III, as well as individuals who are not certified teachers, will be eligible for a Rank I upon completion of this program.
10. **This program must be totally completed and degree awarded to apply for a rank change with the state of Kentucky.**

**Exit Requirements:** To complete the program, students must have a minimum 3.0 GPA. No credit shall be accepted for carrying a grade lower than C (no C-minus). This program requires the acceptable completion of a program portfolio.

## College Student Personnel

Academic Plan Code(s): CPS\_MEDSTP

Code	Title	Hours
<b>College Student Personnel Concentration (9 credit hours)</b>		
ECPY 681	Internship in College Student Personnel Services	3
LEAD 682	The Organization and Administration of Higher Educational Institutions	3
ECPY 695	Capstone Seminar in College Personnel Work	3
<b>Professional Elective</b>		<b>3</b>
<b>Minimum Total Hours</b>		<b>12</b>

**Degree Assessment:** All program coursework must be completed with a 3.0 cumulative GPA.

## Counseling Psychology

Academic Plan Code(s): CPS\_MEDCPL

Code	Title	Hours
<b>Counseling Psychology Concentration (24 hours)</b>		
ECPY 611	Learning Systems: Theory and Practice	3
ECPY 621	Differential Diagnosis and Treatment in Counseling	3
ECPY 648	Psychological Assessment I	3
ECPY 649	Psychological Assessment II	3
ECPY 680	Practicum in Psychological Assessment <sup>1</sup>	3
ECPY 683	Internship in Counseling Psychology <sup>1</sup>	3
ECPY 775	Biological Bases of Behavior	3
LEAD 601	Applied Statistics	3
<b>Professional Electives</b>		<b>6</b>
<b>Minimum Total Hours</b>		<b>30</b>

**Degree Assessment:** All program coursework with a 3.0 cumulative GPA.

<sup>1</sup> 600 hours of field placement are required during the combination of ECPY 673, ECPY 680, and ECPY 683; 4 full psychological assessments are required during the combination of ECPY 673, ECPY 680, and ECPY 683

## Art Therapy

Academic Plan Code(s): CPS\_MEDET

**General Requirement:** Undergraduate prerequisite includes eighteen (18) credit hours in studio art and fifteen (15) credit hours in psychology. Students admitted to the Art Therapy Program who have not completed prerequisites of fifteen (15) credit hours in Psychology and eighteen (18) credit hours in Studio Art must do so within the first year of study.

Code	Title	Hours
<b>Art Therapy Concentration (24 credit hours)</b>		
ECPY 621	Differential Diagnosis and Treatment in Counseling	3
ECPY 632	Clinical Art Therapy I: Theories	3
ECPY 633	Clinical Art Therapy II: Assessment and Practice	3
ECPY 638	Group Art Therapy Techniques	3

ECPY 677	Research in Art Therapy and Counseling	3
ECPY 641	Applied Methods in Art Therapy	3
ECPY 643	Practicum in Art Therapy-Counseling	3
ECPY 678	Internship II in Art Therapy-Counseling	3

**Professional Electives 6**

From the educational areas designated in Curriculum Guidelines for LPAT and ATR, including but not limited to:

ECPY 628	Theories and Techniques of Counseling Children
ECPY 639	Prevention & Treatment of Substance Use Disorders
ECPY 644	Introduction to Sandtray
ECPY 653	Grief Counseling
ECPY 694	Graduate Seminar in Educational and Counseling Psychology

**Minimum Total Hours 30**

**Degree Assessment:** All program coursework with a 3.0 cumulative GPA.

**\*ACATE – CAAHEP Educational Standards**

- History and Theory of art therapy
- Professional Orientation, Ethical, and Legal Issues
- Materials and Techniques of Art Therapy Practice
- Creativity, Symbolism, and Metaphor
- Group Work
- Art Therapy Assessments
- Thesis or Culminating Project
- Human Growth and Development
- Helping Relationships and Applications
- Psychopathology and Diagnosis
- Psychological and Counseling Theories
- Appraisal and Evaluation
- Research
- Cultural and Social Issues
- Studio Art
- Specializations
- Career Development (recommended but not required)

\*The Commission on Accreditation of Allied Health Education Programs (CAAHEP) and the Accreditation Council for Art Therapy Education (ACATE) cooperate with the **American Art Therapy Association (AATA)** to establish, maintain and promote appropriate standards of quality for educational programs that meet or exceed the minimum standards.

<sup>1</sup> At least 700 hours of field placement must be completed during field studies and two practicums. 10 hours per week are required during field studies. No less than 20 hours per week are required during the two practicums.

The Master of Education in Counseling and Personnel Services program prepares students to meet the requirements for certification and/or licensure in the following concentrations:

- Counseling Psychology
- School Counseling P-12

- Clinical Mental Health Counseling
- Art Therapy

If you plan to pursue professional licensure or certification you should first determine your state's criteria for examination and licensure to see how/if our program meets those requirements prior to enrollment. We recommend that you also contact your state's licensing board directly to verify that the requirements have not changed recently and to answer any questions especially those regarding additional requirements beyond the degree.

More information about certification or licensure is available at the following website: <https://louisville.edu/oapa/licensure-information> (<https://louisville.edu/oapa/licensure-information/>) (you may search by school or by the name of the program then click on 'View Details' to display the information).

For programs with an online option, more information about certification or licensure is available here: <https://louisville.edu/online/About-Us?tab=disclosures> (<https://louisville.edu/online/About-Us/?tab=disclosures>).