

ATHLETIC COACHING (MINOR)

This program was approved for students entering the university in the Summer 2025-Spring 2026 catalog year. For more information about catalog year, go to Catalog Year Information (<https://catalog.louisville.edu/undergraduate/university-wide-unit-specific-policies/catalog-year/>).

Minor in Athletic Coaching

Unit: College of Education and Human Development (<http://www.louisville.edu/edu/>)

Department: Health and Sport Sciences (HSS) (<http://www.louisville.edu/edu/hpes/>)

Academic Plan Code(s): ATCOMINOR

The required courses in this minor can be completed 100% online.

The Coaching Minor at the University of Louisville equips students with the knowledge and skills to effectively teach, organize, and lead athletes in various settings. Through a combination of theoretical perspectives, current trends, and best practices, students will develop a strong foundation in coaching. Core courses cover social and psychological dimensions of physical activity, motivation in sport, coaching fundamentals, and hand-on internship opportunities. With flexible elective options, the minor is ideal for students looking to enhance their expertise in athletic coaching.

The minor is open to any undergraduate student at the university. Students must have a minimum cumulative GPA of 2.25 to be admitted to the minor.

Program Requirements

Code	Title	Hours
Core Courses		
HSS 293	Social and Psychological Dimensions of Physical Activity - SB (https://catalog.louisville.edu/undergraduate/general-education-requirements/)	3
HSS 301	Motivation in Sport and Athletics	3
HSS 304	Introduction to Athletic Coaching	3
HSS 401	Internship in Coaching	2
Fundamentals of Coaching - select one course from the following:		2
HSS 253	Fundamentals of Baseball Coaching	
HSS 255	Fundamentals of Football Coaching	
HSS 256	Fundamentals of Basketball Coaching	
HSS 257	Fundamentals of Soccer Coaching	
HSS 258	Fundamentals of Softball Coaching	
HSS 261	Fundamentals of Coaching Volleyball	
Electives - select 8 hours from the following: ¹		8
HSS 251	Officiating	
HSS 318	Diverse Populations in Physical Activity and Health	
HSS 319	Adapted Physical Education	
HSS 326	Movement Skills and Concepts in Physical Education	
HSS 327	Invasion and Net Games	
HSS 328	Target and Fielding Games	
HSS 388	Foundations of Strength and Conditioning	
HSS 389	Prevention and Care of Athletic Injuries I	

SPAD 284	Sport Leadership and Ethics	
SPAD 561	Special Topics in Sport Administration (Administration of Youth Sport) ²	
SPAD 360	Administration of Intramural Activities	
SPAD 484	Strategic Management in Sport	
SPAD 391	Sociology of Sport	
SPAD 437	Data and Analytics in Sport	
Minimum Total Hours		21

At least three (3) semester hours of the requirements for a minor must be successfully completed while enrolled in the University of Louisville.

Exit Requirements: 2.25 G.P.A. is required in Coaching Minor Core Courses. A grade of "C" or better (C- will not count) is required for all minor core courses, and a passing grade is required in HSS 401. Students are required to complete 21 hours of Coaching Minor Courses outlined above.

¹ Two (2) hours can be selected from another Fundamental Coaching course selected by the student.

² Occasionally offered as a SPAD 561 Special Topics course.