

COUNSELING AND HUMAN RELATIONS (MINOR)

This program was approved for students entering the university in the Summer 2025-Spring 2026 catalog year. For more information about catalog year, go to Catalog Year Information (<https://catalog.louisville.edu/undergraduate/university-wide-unit-specific-policies/catalog-year/>).

Minor in Counseling and Human Relations

Unit: College of Education and Human Development (<http://louisville.edu/education/>)
Department: Counseling and Human Development (<http://louisville.edu/education/departments/ecpy/>)
Academic Plan Code(s): CHR MINOR

The required courses in this minor can be completed 100% online.

The College of Education and Human Development offers a minor in Counseling and Human Relations that is open to all undergraduate students at UofL.

Program Requirements

| Code | Title | Hours |
|---------------------------------------|--|-------|
| Required Courses | | |
| ECPY 304 | Mental Health and the Helping Professions | 3 |
| ECPY 319 | Theories of Counseling | 3 |
| ECPY 363 | Culture, Social Justice, and Advocacy | 3 |
| ECPY 412 | Stress, Coping & Resilience | 3 |
| ECPY 422 | Emotional Intelligence | 3 |
| Choose 1 elective from the following: | | 3 |
| ECPY 302 | Making Space for Growth: Seminar on Personal, Academic, and Career Enhancement | |
| ECPY 305 | Human Development and Learning | |
| Minimum Total Hours | | 18 |

Exit Requirements: A 2.5 GPA is required in the minor and all courses must be completed with a C- or above.

At least three (3) semester hours of the requirements for a minor must be successfully completed while enrolled in the University of Louisville.