

# HEALTH, MEDICINE AND WELL-BEING (MINOR)

This program was approved for students entering the university in the Summer 2025-Spring 2026 catalog year. For more information about catalog year, go to Catalog Year Information (<https://catalog.louisville.edu/undergraduate/university-wide-unit-specific-policies/catalog-year/>).

## Minor in Health, Medicine and Well-Being

Unit: College of Arts and Sciences (AS) (<http://www.louisville.edu/a-s/>)

Department: Sociology (<https://louisville.edu/sociology/>)

Academic Plan Code(s): HMW MIN

*The required courses in this minor can be completed 100% online.*

Admission to the minor in Health, Medicine and Well-Being requires:

1. Completion of SOC 320 or SOC 323 with a grade of C or better.
2. Minimum cumulative grade point average of 2.0.
3. Minimum cumulative grade point average of 2.0 in sociology course, if any taken.

### Program Requirements

| Code                                    | Title                                                                                                                                                                                                                                                                                                                                                                                        | Hours |
|-----------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|
| SOC 201                                 | Introduction to Sociology - SB ( <a href="https://catalog.louisville.edu/undergraduate/general-education-requirements/">https://catalog.louisville.edu/undergraduate/general-education-requirements/</a> )                                                                                                                                                                                   | 3     |
| SOC 320                                 | Social Theory - WR ( <a href="https://catalog.louisville.edu/undergraduate/general-education-requirements/">https://catalog.louisville.edu/undergraduate/general-education-requirements/</a> )                                                                                                                                                                                               | 3     |
| SOC 323                                 | Diversity and Inequality                                                                                                                                                                                                                                                                                                                                                                     | 3     |
| Select two electives at the 300+ level: |                                                                                                                                                                                                                                                                                                                                                                                              |       |
| Select one course from the following:   |                                                                                                                                                                                                                                                                                                                                                                                              | 3     |
| SOC 305                                 | Urban Sociology                                                                                                                                                                                                                                                                                                                                                                              |       |
| SOC 315                                 | Environmental Sociology                                                                                                                                                                                                                                                                                                                                                                      |       |
| SOC 325                                 | Sociology of Human Sexuality                                                                                                                                                                                                                                                                                                                                                                 |       |
| SOC 327                                 | Sociology of Gender                                                                                                                                                                                                                                                                                                                                                                          |       |
| SOC 329                                 | Sociology of Families                                                                                                                                                                                                                                                                                                                                                                        |       |
| SOC 332                                 | Japanese Families                                                                                                                                                                                                                                                                                                                                                                            |       |
| SOC 334                                 | Sociology of Deviant Behavior                                                                                                                                                                                                                                                                                                                                                                |       |
| Select one course from the following:   |                                                                                                                                                                                                                                                                                                                                                                                              | 3     |
| SOC 340                                 | Mental Health and Illness                                                                                                                                                                                                                                                                                                                                                                    |       |
| SOC 342                                 | Medical Sociology                                                                                                                                                                                                                                                                                                                                                                            |       |
| SOC 343                                 | Sociology of Women's Health                                                                                                                                                                                                                                                                                                                                                                  |       |
| SOC 350                                 | Special Topics in Sociology (if topic applicable)                                                                                                                                                                                                                                                                                                                                            |       |
| Select two electives at the 400 level:  |                                                                                                                                                                                                                                                                                                                                                                                              | 6     |
| SOC 410                                 | Sociology of Aging - CUE ( <a href="https://catalog.louisville.edu/undergraduate/general-education-requirements/">https://catalog.louisville.edu/undergraduate/general-education-requirements/</a> )                                                                                                                                                                                         |       |
| SOC 415                                 | Sociology of Death & Dying - CUE ( <a href="https://catalog.louisville.edu/undergraduate/general-education-requirements/">https://catalog.louisville.edu/undergraduate/general-education-requirements/</a> ), WR ( <a href="https://catalog.louisville.edu/undergraduate/general-education-requirements/">https://catalog.louisville.edu/undergraduate/general-education-requirements/</a> ) |       |

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| SOC 425 | Sociology of Leisure - CUE ( <a href="https://catalog.louisville.edu/undergraduate/general-education-requirements/">https://catalog.louisville.edu/undergraduate/general-education-requirements/</a> ), WR ( <a href="https://catalog.louisville.edu/undergraduate/general-education-requirements/">https://catalog.louisville.edu/undergraduate/general-education-requirements/</a> )                              |
| SOC 435 | Sociology of Health and Illness - CUE ( <a href="https://catalog.louisville.edu/undergraduate/general-education-requirements/">https://catalog.louisville.edu/undergraduate/general-education-requirements/</a> ), WR ( <a href="https://catalog.louisville.edu/undergraduate/general-education-requirements/">https://catalog.louisville.edu/undergraduate/general-education-requirements/</a> )                   |
| SOC 440 | The Health Care System - CUE ( <a href="https://catalog.louisville.edu/undergraduate/general-education-requirements/">https://catalog.louisville.edu/undergraduate/general-education-requirements/</a> ), WR ( <a href="https://catalog.louisville.edu/undergraduate/general-education-requirements/">https://catalog.louisville.edu/undergraduate/general-education-requirements/</a> )                            |
| SOC 442 | Sociology of Disabilities                                                                                                                                                                                                                                                                                                                                                                                           |
| SOC 450 | Special Topics in Sociology - CUE ( <a href="https://catalog.louisville.edu/undergraduate/general-education-requirements/">https://catalog.louisville.edu/undergraduate/general-education-requirements/</a> ), WR ( <a href="https://catalog.louisville.edu/undergraduate/general-education-requirements/">https://catalog.louisville.edu/undergraduate/general-education-requirements/</a> ) (if topic applicable) |
| SOC 454 | Social Inequality & Stratification - CUE ( <a href="https://catalog.louisville.edu/undergraduate/general-education-requirements/">https://catalog.louisville.edu/undergraduate/general-education-requirements/</a> ), WR ( <a href="https://catalog.louisville.edu/undergraduate/general-education-requirements/">https://catalog.louisville.edu/undergraduate/general-education-requirements/</a> )                |

**Minimum Total Hours** **21**

At least three (3) semester hours of the requirements for a minor must be successfully completed while enrolled in the University of Louisville.